

Kenston Forest Summer 2022 Athletic Camps

Athletic Summer Camps Overview - General Kenston Forest Camp t-shirts will be provided at the first camp you participate in during the summer. Please indicate t-shirt size on the registration form. If a camp has a specific t-shirt other than the general summer camp tee it will be included in the cost of the camp.

June 13-15th (Monday – Wednesday) – Fishing camp (entering 2nd -8th) 9am-noon \$75 includes fishing rod.

- Students will learn about various fish species, bodies of water, and fishing equipment. They will also learn a variety of skills, including casting, knot tying, lures and presentations. The students will spend the entire final day fishing at a local pond. Price of the camp includes a fishing pole for each participant.
- **Instructor Joe Maione Min/Max Students 4/15**

June 20-23rd (Monday – Thursday) – Coach Kelly Jones Coed Basketball Camp session 1 (entering 4th–12th) 9am – 3pm (please bring lunch). \$100

- Come join KFS's own and Provision AAU Coach Kelly for a fabulous week of basketball fun! This camp is for boys and girls entering 4th through 12th grade and will focus on fundamental basketball skills. Skills taught include passing, shooting, dribbling, rebounding and defense. Skill competitions and team play will be incorporated daily. Participants will be coached in station and small-sided game format. Coach Jones will offer multiple all day (4 days per week) sessions throughout the summer.
- **Instructor – Kelly Jones Min/Max Students 5/30**
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June 27/28th (Monday and Tuesday) – Fairleigh Dickinson University Volleyball camp (entering 7th - 12th) Monday 12noon – 5:30pm Tuesday 9am – 3pm \$130 (\$50 deposit due by June 5th) -. This camp is limited in numbers and will be offered to current KFS Varsity and JV players first. Camp will open to non-KFS students on May 15th.

- Join us for team camp here at Kenston Forest School! KFS is excited to welcome back coach David Nguyen (ran the Coastal Carolina Camp last summer) who was named the head coach at FDU in January. Four sessions of instruction over two days. Sessions will focus on individual / team skill development. Campers will learn basic and advanced level volleyball skills and receive detailed feedback. Campers will receive high level skill instruction and competitive drills which are used by their Division 1 Program daily!
- **Instructor - Fairleigh Dickinson Coaching Staff Min/Max Students 16/32**

June 27-29th (Monday - Wednesday) – Bart Bellairs Co-ed basketball Camp (entering 5th -12th grade)
6:30 – 8:30pm \$50 includes camp t-shirt.

- Campers will be taught basketball fundamentals including ball handling, passing, shooting and offensive and defensive strategies. Coach Bellairs had assistant coaching stops at the University of Maryland, University of Massachusetts, and James Madison University. He is the former Head Coach at Virginia Military Institute and a current high school coach in Kentucky.
- **Instructor Bart Bellairs Min/Max Students 6/50**

July 11-12th (Monday and Tuesday) – KFS Volleyball camp (entering 3rd – 12th grade) Grades 3-7
5:00pm -6:30pm - Grades 8-12 6:30-8:30pm \$50.

- Students will be taught the fundamentals of the game from current varsity Head Coach Kenny Hardy and members of the varsity team for 2 fun filled days of volleyball fundamental drills, instruction, and modified game play. Instruction will include passing, setting, hitting, and serving. Skills competitions and modified game play will be offered daily. Special Alumna guest instructor – Taylor Maione class of 2022 (current Roanoke College volleyball commit) and Peyton Clary (July 11th only) class of 2018 (played 4 years of college volleyball at Shenandoah University).
- **Instructor - Kenny Hardy Min/Max Students 5/40**

July 13-15th (Wednesday - Friday) – KFS Football Camp (entering 3rd – 9th grade) 9am – 11:30am \$60.

- Join current varsity Head Coach Joe Kaiser and members of the varsity team for 3 fun filled days of football fundamental drills, instruction, and modified game play. Instruction will include individual offensive and defensive skills as well as team concepts. Special alumni guest instructors – Thomas Inge KFS class of 2021(current VMI football player) and Quinton Hawkins KFS class of 2021 (current Peru State football player)
- **Instructor Joe Kaiser Min/Max Students 8/40**

July 18-20th (Monday and Wednesday) – KFS Softball Camp (entering 3rd – 7th grade) 9am – 12 noon
\$60.

- Join current varsity Head Coach Gregg Gunn and members of the varsity team for 3 fun filled days of softball fundamental drills, instruction, and modified game play. Instruction will include individual offensive and defensive skills as well as team concepts. Special alumna guest instructors – Molly Epperson KFS class of 2021 (current Roanoke College softball player) and Peyton Coleman (current East Tennessee State softball player)
- **Instructor Greg Gunn Min/Max Students 5/25**

July 18 – July 21st (Monday – Thursday) – Coach Kelly Jones Coed Basketball Camp session 2 (entering 4th–12th) 9am – 3pm (please bring lunch). \$100

- Come join KFS's own and Provision AAU Coach Kelly for a fabulous week of basketball fun! This camp for boys and girls entering 4th through 12th grade and will focus on fundamental basketball skills. Skills taught include passing, shooting, dribbling, rebounding and defense. Skill competitions and team play will be incorporated daily. Participants will be coached in station and small-sided game format. Coach Jones will offer multiple all day (4 days per week) sessions throughout the summer.
- **Instructor – Kelly Jones Min/Max Students 5/30**

July 25 – July 28th (Monday – Thursday) – Coach Kelly Jones Coed Basketball Camp session 3 (entering 4th–12th) 9am – 3pm (please bring lunch). \$100

- Come join KFS's own and Provision AAU Coach Kelly for a fabulous week of basketball fun! This camp for boys and girls entering 4th through 12th grade and will focus on fundamental basketball skills. Skills taught include passing, shooting, dribbling, rebounding and defense. Skill competitions and team play will be incorporated daily. Participants will be coached in station and small-sided game format. Coach Jones will offer multiple all day (4 days per week) sessions throughout the summer.
- **Instructor – Kelly Jones Min/Max Students 5/30**

August 1 – August 4th (Monday – Thursday) – Coach Kelly Jones Coed Basketball Camp session 4 (entering 4th–12th) 5pm – 7pm \$50

- Come join KFS's own and Provision AAU Coach Kelly for a fabulous week of basketball fun! This camp for boys and girls entering 4th through 12th grade and will focus on fundamental basketball skills. Skills taught include passing, shooting, dribbling, rebounding and defense. Skill competitions and team play will be incorporated daily. Participants will be coached in station and small-sided game format. Coach Jones will offer multiple all day (4 days per week) sessions throughout the summer.
- **Instructor – Kelly Jones Min/Max Students 5/30**

August 2 – 3rd (Tuesday and Wednesday) – Mini/Micro cheer camp (girls entering K – 5th grade) 10am-12 noon both days – camp t-shirt included \$50.

- Come join KFS's cheer coach Field Green and current cheerleaders for two fun filled days of instruction and learning what its like to be a part of the Mini/Micro cheer teams at KFS. Fundamentals both individual and group will be taught each day.
- **Instructor – Field Green Min/Max Students 5/30**

