Kenston Forest Cross Country Schedule 2023				
Date	Team	Time	Location	Opponent
Thursday, September 14, 2023	JV/V	4:00pm	Away	Conf. meet at Brunswick
Thursday, September 21, 2023	JV/V	4:00pm	Away	Conf. meet at Banner
Thursday, September 28, 2023	JV/V	4:00pm	Away	Conf. meet at Fuqua
Thursday, October 5, 2023	JV/V	4:00pm	Away	Conf. meet at Brunswick
Wednesday, October 8, 1902	JV/V	4:00pm	Away	Conf. meet at Tidewater
Thursday, October 19, 2023	JV/V	4:00pm	Away	Conf. meet at Southampton
Thursday, October 26, 2023	JV/V	4:00pm	Away	Conf. tournament at Banner
Thursday, November 9, 2023	V	TBA	Away	VISAA State Championship